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WORKING AT HEIGHT TRAINING



Presented by:

Dr PETER SLINGER BSc LLB PhD MIOSH MCIEH

Dr Slinger has 20 years experience working in the field of Health & Safety. He has worked as a Health and Safety Inspector for numerous authorities in the UK and has gained professional qualifications in legal and technical fields. Peter has also worked as a Senior University Lecturer in Health and Safety, training future Inspectors entering the profession. He now works as a Health and Safety Consultant and acts as an expert witness in legal cases.

Aim of the course: To raise awareness about the dangers associated with working at height and to train workers in appropriate precautionary techniques.

Objectives

- Understand the duties and responsibilities of management and employees.
- Identify potential hazardous situations whilst working at height.
- Understand the importance of selecting the appropriate safe working platform.
- Understand the importance of edge protection and safe means of access.
- To be able to use ladders safely.
- Understand the dangers of working on roofs.

Methods used: PowerPoint presentations, videos and small group work.

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Course Programme

09.15hrs	Registration and coffee.
09.30hrs	Introduction to working at height.
09.45hrs	Legislative requirements (including risk assessment).
10.30hrs	Break.
10.45hrs	Planning the job & organising the area.
11.00hrs	Selecting the right methods & managing the prevailing conditions.
11.30hrs	Safe use of ladders.
12.15hrs	General access scaffolds.
12.45hrs	Lunch.
13.45hrs	Fall arrest systems, equipment and edge protection.
14.15hrs	Personal Protective Equipment for work at height.
15.00hrs	Break.
15.20hrs	Video ~ "A Head for Heights".
16.00hrs	Feedback and end of day review.

Who should attend the course?

All employees, managers and supervisors who are required to manage or work at height.

Why should I attend this course?

The course will provide delegates with the knowledge & experience of the safety precautions and procedures for working safely at height in accordance with current legislation and guidance.

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